

# Family Cell Phone Contract

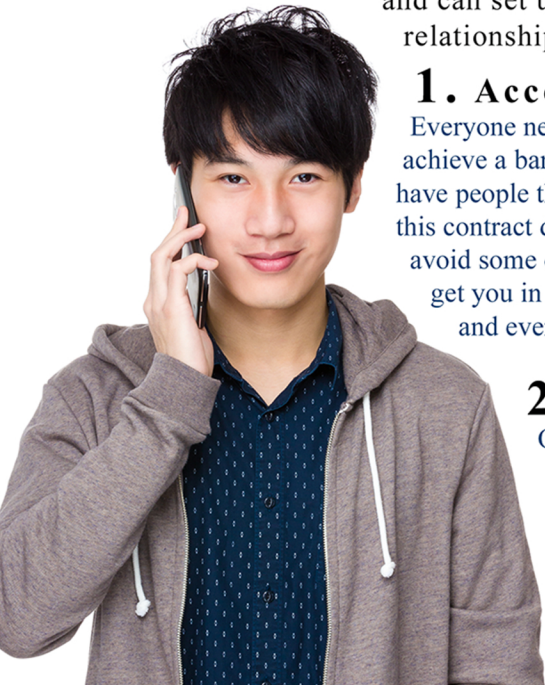
**When your parent** bought your cell phone, they had to sign a contract agreeing to pay the bill every month. Now it's time for you to sign yours. A contract is simply an agreement between two parties that outlines everyone's expectations. No one likes it when the rules of the game keep changing. As you and your parent go over this contract, you are both agreeing to the rules up front. Not only can you never say "I didn't know," but also your parent can't suddenly decide on a new standard. You are both agreeing ahead of time. There are two ways that this cell phone contract benefits you and can set up in a good way in your relationship with your parents.

## 1. Accountability.

Everyone needs people in their lives to help them achieve a bar of excellence. Just as your parents have people that hold them accountable at work, this contract does the same for you. It can help you avoid some of the technology landmines that can get you in trouble with your parents, friends, and even your own conscience.

## 2. Reliability.

One of the things you constantly crave in your life is greater freedom. As you show your parents that you are willing to live under their authority, your opportunities for greater freedom, in all areas of your life, will continue to grow.



**Initial each statement and fill in the blanks where necessary. Both sign at the bottom.**

- \_\_\_\_\_ I agree that having a cell phone is a privilege I earn and not a right guaranteed by the U.S. Constitution. This privilege can be lost or expanded depending on my actions and attitude.
- \_\_\_\_\_ I agree that I will not use my cell phone during dinner or family time.
- \_\_\_\_\_ I understand that I may be restricted from web browsing until later.
- \_\_\_\_\_ I agree that I will not make calls or send texts after \_\_\_ PM on school nights & \_\_\_ PM on weekends unless it is to my parents.
- \_\_\_\_\_ I agree that when I am out with my friends I will ALWAYS have my phone on so my parents can reach me.
- \_\_\_\_\_ I agree to be responsible for \$ \_\_\_ of the cell phone bill each month. I may be responsible to pay an excess text or data over the montly limit.
- \_\_\_\_\_ I agree to get my parent's approval for any apps, music, or games downloaded to my phone.
- \_\_\_\_\_ Since my parents are the ones paying for my phone, I agree that they have the right to check my texts, contacts, and browsing history.
- \_\_\_\_\_ I agree to NEVER use my phone in a way that could be considered threatening, bullying, or sexual harassing to another person.
- \_\_\_\_\_ I definitely agree that if I live up to my responsibilities with my phone, I would like my freedom and trust with my parents to increase. As such, this contract can be revisited by me or my parents to reevaluate as I grow older.

_____	_____
my signature	date
_____	_____
parent signature	date